



2023 HMO CAREERS

HMO Training at Western Health

Western Health offers 3 dedicated training streams for HMO level junior doctors.

1. Surgical HMO Stream
2. Medical (BPT) HMO Stream
3. General HMO Stream

Each stream provides a balanced range of rotations and training opportunities to develop your skills, strengths and career interests. Training in each stream is supported by a dedicated Director of Clinical Training (DCT) or Director of Physician Education (DPE).

A small number of senior HMO positions suitable for PGY3+ doctors are also available in critical care (4 positions), O&G (4 positions) and neonatology (4 positions). These positions are appointed directly at a departmental level, separately to the three main training streams.

For further information, please see also our westerndoctors website at www.westerndoctors.wh.org.au

Medical (BPT 1-3) HMO Stream

Western Health offers a highly supportive, clinically rich and professionally exciting environment in which to train. A dedicated education program tailored for basic training, includes 4 hours of sub-specialty teaching per week, in addition to simulation-based training, and professional development workshops.

Recruitment into the medical stream enables entry into the Basic Physician Training (BPT) program. This occurs within the framework of the Greater Western Consortium with external rotations to RMH, Ballarat and Albury Wodonga. The rotations available across the training program include:

BPT1 Rotations	Posts	BPT2 Rotations	Posts	BPT2 Rotations	Posts
Cardiology (FH/SH)	3	Bone Marrow Transplant (RMH)	1	Acute Aged Care (SH)	1
Dermatology / Rheumatology (FH)	1	Cardiology (FH/SH)	3	GEM / Rehabilitation Medicine (FH)	1
Endocrinology (FH/SH)	2	Endocrinology (FH)	1	General Medicine (FH/SH)	29
Gastroenterology (FH)	2	Gastroenterology (SH)	1	Neurology (FH)	1
GEM / Subacute (SH/WTN)	3	General Medicine (AWH/BHS/FH/SH)	13	Oncology (FH)	1
General Medicine (SH)	5	Hospital in the Home (WH)	1	Rehabilitation Medicine (FH/SH)	2
Haematology / Infectious Diseases (SH)	1	Intensive Care Medicine (FH)	1		
Haematology / Oncology (SH)	1	Nephrology (FH/SH)	2		
Hospital in the Home (WH)	1	Neurology (FH)	2		
Intensive Care Medicine (FH)	2	Oncology (SH)	1		
Neurology (FH)	2	Palliative Care (SH)	1		
Oncology (SH)	2	Respiratory Medicine (SH)	2		
Orthogeriatrics (FH)	2	Speciality Medicine Nights (SH)	2		
Psychiatry - Orygen/HITH (FH)	1				
Respiratory Medicine (FH/SH)	1				
Speciality Medicine Nights (FH)	2				

Western Health is an early adopter of the new Basic Physician Training curriculum, where selection into training is a key element. Your cover letter should address the following key selection criteria:

- A commitment and capability to pursue a career as a physician
- Ability to plan and manage their learning
- Ability and willingness to achieve the BP competencies, particularly:
 - Communication
 - Cultural competence
 - Ethics and professional behaviour
 - Leadership, management and teamwork.

Dr Elke Hendrich (Endocrinologist & General Physician, Director of Physician Education)

Dr David Tsang (Cardiologist & General Physician, Deputy Director of Physician Education)

Mrs. Maryrose Winfield (Administration support)

General HMO Stream

The general stream provides a variety of clinical experience and exposure which can be tailored to your specific area(s) of career interest over one or more years, or for a broad and general year to help you define your career goals. Rotations (number each term) available to preference include:

HMO2 General Rotations	Posts	HMO3 General Rotations	Posts
Anaesthetics (FH/SH)	1	Cariology (SH)	1
Addiction Medicine / Gastroenterology (FH/SH)	1	Emergency Medicine (SH/WTN)	13
Emergency Medicine (FH/SH)	10	Emergency Medicine / Paediatrics (SH)	2
Emergency Medicine / Paediatrics (SH)	4	EMR - Clinical Informatics (FH)	1
GEM / Subacute (SH/WTN)	2	Gastroenterology (SH)	1
Intensive Care Medicine (SH)	2	GEM / Rehabilitation Medicine (FH)	1
Medical Nights (WTN)	1	GEM / Subacute (SH/WTN)	3
Obstetrics & Gynaecology (JKWC)	6	Intensive Care Medicine (FH)	2
Paediatric Medicine (MBPH/DHS)	3	Medical @ Home (WH)	1
Psychiatry - Acute (SH/WMH)	7	Nephrology (SDH)	1
Psychiatry - Addiction (SH)	1	Obstetrics & Gynaecology (JKWC)	7
Psychiatry - Emergency (SH)	1	Oncology (SH)	1
Rehabilitation Medicine (SH)	1	Orthogeriatrics (FH)	4
Respiratory Medicine (FH)	1	Paediatric Medicine (JKWC)	6
Specialty Medicine Nights (SH)	10	Palliative Care (SH)	1
		Psychiatry (SH)	3
		Specialty Medicine Nights (FH)	2
		Transitional Care / Subacute (WTN)	1

General stream rotations include dedicated weekly HMO education in nearly all units. Opportunities for recognised training include:

- Paediatrics: Paediatric Life Support, Neoresus, GRIPS
- O&G: PROMPT, Cert. in Womens Health (3/12 terms), Diploma of Obstetrics (6/12 terms)
- Critical Care: BASIC (Basic Assessment & Support in Intensive Care)

Your cover letter should be based on addressing the following key questions:

- Your area(s) of career interest
- What have been the challenges and rewards of your medical career to date
- The personal qualities, values and achievements which make you a good doctor, and what makes you unique

Dr Jonathan Kaufman (Paediatrician, Director of Clinical Training)

Ms Juli Toussaint (Medical Education Officer)

Surgical HMO Stream

The Department of Surgery at Western Health is keen to mentor and support junior doctors in their pathway to a career in surgery. Many of our doctors have started their clinical and research experience either as a medical student or junior doctor and have progressed to become accredited trainees as well as consultants who have returned back to Western Health. Rotations available to preference include:

HMO2 Surgical Rotations	Posts	HMO3 Surgical Rotations	Posts
Anaesthetics (FH)	1	Emergency Medicine (SH)	4
Emergency Medicine (FH/SH)	5	ENT Surgery (FH)	1
General Surgery (FH/SH)	2	General / Endocrine Surgery (FH)	1
Intensive Care Medicine (SH)	1	General Surgery (FH/SH/WTN)	4
Orthopaedic Surgery (FH/SH)	3	Intensive Care Medicine (SH)	1
Plastic Surgery (SH)	1	Neurosurgery (FH)	1
Plastic Surgery/ENT Surgery/Ophthalmology (SH)	1	Orthopaedic Surgery (FH/WTN)	2
Surgical Nights - General & Specialty (SH)	1	Paediatric Surgery (RCH)	1
Surgical Nights - General (FH)	2	Plastic Surgery (SH)	1
Surgical Nights - Specialty (FH)	2	Plastic Surgery / OMF Surgery (FH)	1
UGI Surgery / Thoracic Surgery (FH)	1	Surgical Nights - General & Specialty (SH)	1
Urology (FH)	2	Urology (FH)	2
Vascular Surgery (FH)	2		

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- Your area(s) of career interest
- What have been the challenges and rewards of your medical career to date
- The personal qualities, values and achievements which make you a good doctor, and what makes you unique

Dr Fiona Reid (General & Colorectal Surgeon, Director of Clinical Training)

Mr Russel Krawitz (General & Endocrine Surgeon, Director of Clinical Training)

Ms Julie O'Connell (Medical Education Officer)

Annual and conference leave

At Western Health we support a healthy work-life balance and we will work with you to meet your personal and academic commitments. The best approach is to contact the Medical Workforce Unit as early as you can. This allows time to find a solution that will fit your needs and ensure safe patient care.

Annual leave is typically allocated during nights/relieving terms to minimise disruption to clinical services, and reduce the duration of nights/relieving terms.

Requests for conference leave must be relevant to your training and approved by your DPE/DCT. Conference leave where you are actively presenting your research (oral or poster) will be prioritised.

Research

Many of our clinical units are committed to research. In particular, Western Health is the home of the [Australian Institute of Musculoskeletal Science](#), a collaboration between Western Health, The University of Melbourne and Victoria University.

Examples of Western Health research activity from AIMSS and other units can be seen in the Western Health Research [report](#) which is published by the Office for Research.

You can discuss opportunities for research in your area of interest with your DPE/DCT, who will be able to advise and direct you to researchers in that area.

Can I swap rotations with another HMO?

Requests for mutually agreed swaps in rotations between HMOs must be approved prospectively by your DPE/DCT, and MWU. Rotation swaps do not necessarily have to be from within the same stream.